



State of South Carolina
Office of The Lieutenant Governor

André Bauer
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Office on Aging
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Director

Media Advisory:

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Lt. Governor André Bauer to Host You Can! Walk at Riverbanks Zoo

(Columbia, S.C.) Senior groups from around the state will join Lt. Governor André Bauer and other advocates for Aging issues at the Riverbanks Zoo and Gardens in Columbia on Monday, May 22 at an event designed to raise public awareness of the benefits of moderate exercise and healthy lifestyle choices for older people.

The You Can! Walk at the Zoo will begin at 9:30 AM, with entertainment provided by the Dick Goodwin Orchestra. Speakers and group events are scheduled to begin at 10 AM.

Dr. Victor Hirth, Chairman of the advisory committee that oversees the State Geriatric Loan Forgiveness program will announce that the first group of eight fellowship-trained geriatricians have committed to practicing in South Carolina under the program's guidelines. Trained exercise physiologists will lead the assembled group in a session of low-impact aerobics, and Lt. Governor Bauer will give a welcome speech and lead the group on a walk through the zoo grounds.

Reporters or assignment editors, please contact David Lucas or Frank Adams if you would like to pre-schedule interviews with any of the participants, or if you would like additional background information about the You Can! Steps to Healthier Aging campaign in South Carolina. Additional background material on the You Can! campaign can also be found on the web at <http://www.aging.sc.gov/Seniors/YouCan.htm> .

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